## RCSCC Ajax Warning Order

Activity: Year-End Trip – Tree Top Trekking

When: Saturday, June 8, 2024

Dress: Civilian Attire (appropriate for physical activity)
Drop off: 0800 at the Ship (bus leaves at 0830 sharp)

Pick up: 1730 at the Ship (approx.)

Lunch: Lunch is provided, but you are welcome to bring some snacks, refillable water

bottle with water, etc. (\*\*reminder - this is a nut free space)

## **KIT LIST:**

Note: you must have the following items with you:

- ✓ Health Card (must be the physical card, no photocopies)
- ✓ Re-fillable water bottle
- ✓ Running shoes with good ankle support;
- ✓ NO SANDALS;
- ✓ Shorts/pants/t-shirts for the weather;
- ✓ Sunscreen;
- ✓ Hat;
- ✓ Sunglasses with strap.

Emergency contact(s): Lt(N) Gingerich 519-504-2580

\*If you wear eyeglasses you must have some sort of retention device to keep them on your head.

\*Current Forecast: CHECK ON FRIDAY NIGHT!!!

\*Please note that it may be cool/rainy but we will go regardless, as long as weather conditions are favourable and safe.

